

To Claim Healing for Ourselves

A series of Spring 2023 ZOOM Gatherings on Wellness!

Diakonia of The Americas and The Caribbean (DOTAC) presents:

March 15- “Mindfulness”

Kimiko Karpoff, Diaconal Minister
The United Church of Canada

April 19- “Guided Meditation”

Sister Davia Evans,
The Deaconess Community of the ELCA

May 17- “Trauma Release Exercise”

Deaconess Carla Vilma Jandrey,
The Evangelical Church of the Lutheran Confession in Brazil

*All sessions are presented by talented and experienced
DOTAC members on Wednesdays
and begin at 1pm Eastern.*

Mark your calendars now! More information to come!

