

ANTIPHONS OF B.V.M.

FROM SUNDAY I OF ADVENT
THROUGH THE FEAST OF THE BAPTISM OF THE LORD

V *Alma Redemptoris* (AM-I 472)

Al- ma * Redem-p-to-ris Ma- ter, quae per vi- a cae-li por-ta ma- nes, et stel- la
ma- ris, succurre cade- nti, surge-re qui cu- rat, popu-lo; tu quae ge-nu- is- ti, na-tu- ra
mi-ran- te, tu- um sanctum Ge- ni- to-rem, Vir- go pri- us ac poste- ri- us, Ga-bri- e- lis
ab o- re sumens il-lud Ave, * pecca-torum mi-se-re-re.

Lov- ing * mother of the Redeem- er, gate of hea- ven, star of the sea,
assist your peo- ple who have fallen yet strive to rise again. To the wonderment of na- ture
you bore your Cre- a- tor, yet remained a virgin aft-er as be-fore. You who re-ceived
Gabri- el's joyful greet- ing, * have pi- ty on us poor sinners.

Or, in the simple tone:

V *Alma Redemptoris* (AM-I 473)



Al- ma * Redempto-ris Ma-ter, quae pervi- a cae-li por-ta manes, et stel-la ma-ris, succurre ca-denti,



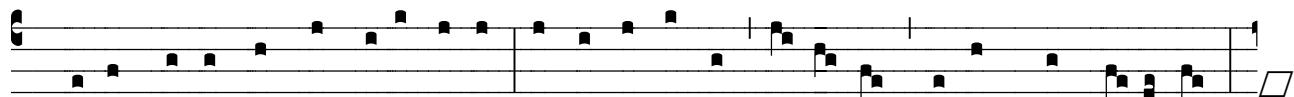
surge-re qui cu-rat, popu-lo; tu quae genu- is-ti, na-tu-ra mi-rante, tu- um sanctum Ge-ni-to-rem,



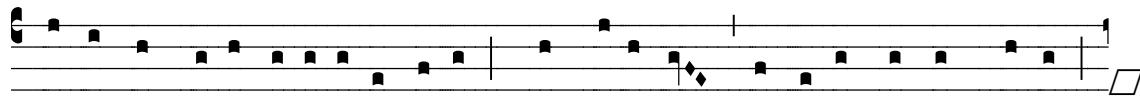
Virgo pri- us ac poste-ri- us, Gabri- e-lis ab o-re, sumens illud Ave, pecca-to-rum mi-se-re- re.



Lov- ing * mother of the Redeemer, gate of hea-ven, star of the sea, assist your people



who have fal-len yet strive to rise again. To the wonderment of na- ture you bore your Cre- a tor,



yet remained a vir-gin after as be-fore. You who received Ga-bri- el's joy-ful greet- ing,



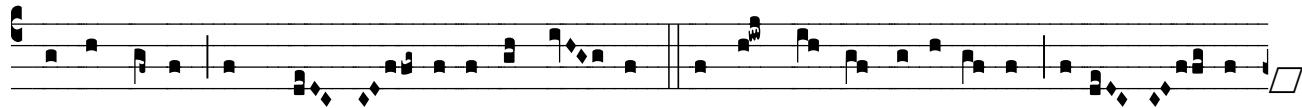
have pi-ty on us poor sinners.

*FROM MONDAY OF WEEK I OF THE YEAR
THROUGH WEDNESDAY OF HOLY WEEK*

VI *Ave, Regina caelorum* (AM-I 474)



A- ve, * Re-gi-na cae-lo- rum, a- ve, Do-mi-na ange-lo- rum, sal- ve, ra-dix,



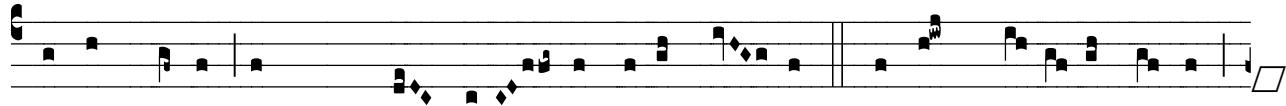
salve, porta, ex qua mun- do lux est or- ta. Gau-de, Vir-go glo-ri- o- sa, super om-nes



spe-ci- o- sa, va- le, o valde de-co-ra, et pro no-bis * Chris- tum exo- ra.



O hail, * Queen of hea- ven, O hail, our la-dy of an- gels, O hail, the root,



O hail, the gate, through which the light rose over the earth. Re-joice, glo- ri-ous Vir-gin,



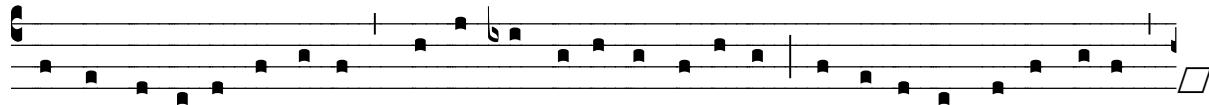
beau-ti- ful a-bove all oth- ers, fare-well, O gracefu-ly a-dorned, and pray for us



to Christ.

Or, in the simple tone:

VI *Ave, Regina caelorum* (AM-I 474)



A-ve, Re-gi-na cae-lo-rum, * a-ve, Do-mi-na ange-lo-rum, salve, ra-dix, salve, porta,



ex qua mundo lux est or-ta. Gaude, Virgo glo-ri- o-sa, su- per omnes spe-ci- o-sa,



va-le, o valde de-co- ra, et pro no-bis Christum exo- ra.



O hail, Queen of hea-ven, * O hail, our la-dy of angels, O hail, the root, O hail, the gate,



through which light rose ov-er the earth. Re-joice, glo- ri-ous Vir- gin,



beau- ti- ful a-bove all others, farewell, O gracefu-ly a-dorned, and pray for us to Christ.

*FROM SUNDAY OF PASCHA
THROUGH PENTECOST SUNDAY*

VI *Regina caeli* (AM-I 475)

Re-gi-na cae-li, * lae-ta- re, al-le- lu-ia,
qui- a quem me- ru- is-ti por- ta- re, al-le- lu-ia,
re-surre- xit sicut di-xit, al-le- lu-ia,
o- ra pro no-bis De- um, alle- lu- ia.

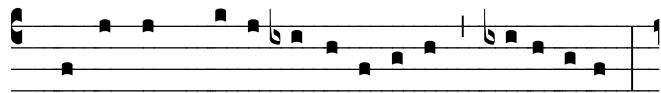
O Queen of hea-ven, * be joy- ful, al-le- lu-ia,
for he whom you were worthy to bear, al-le- lu-ia,
has a-ris- en, as he said, al-le- lu-ia,
pray for us to our God, alle- lu- ia.

Or, in the simple tone:

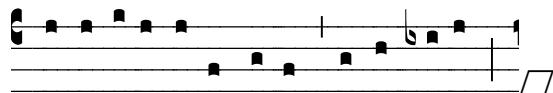
VI *Regina caeli* (AM-I 476)



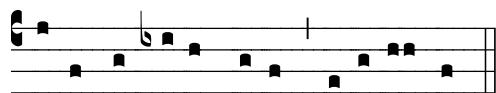
Re-gi-na cae-li, * lae-ta-re, al-le-lu-ia,



qui- a quem me-ru- is-ti porta-re, alle-lu-ia,



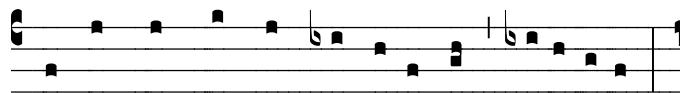
re-surrexit sic-ut di-xit, al-le- lu-ia,



o-ra pro nobis De- um, alle-lu- ia.



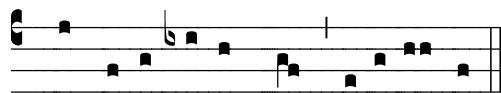
O Queen of hea-ven, * be joyful, al-le-lu-ia,



for he whom you were worthy to bear, alle-lu-ia,



has a-ris-en, as he said, al-le- lu-ia,



pray for us to our God, alle-lu- ia.

AFTER PENTECOST SUNDAY

I *Salve, Regina* (AM-I 476)

Sal- ve, * Re-gi- na, ma-ter mi- se-ri-cordi- ae; vi- ta, dulce- do et spes nostra,
 sal- ve. Ad te clama-mus, exsu-les fi- li- i E-vae. Ad te suspi-ra- mus, gementes et flentes
 in hac lacrima- rum valle. E- ia ergo, advoca- ta nostra, il-los tu- os mi-se-ri-cor- des
 ocu-los ad nos conver- te. Et Ie-sum, be-ne-dic- tum fructum ventris tu- i, no-bis post
 hoc exsi- li- um ostende. O cle- mens, O pi- a, O dulcis * Virgo Ma- ri- a.

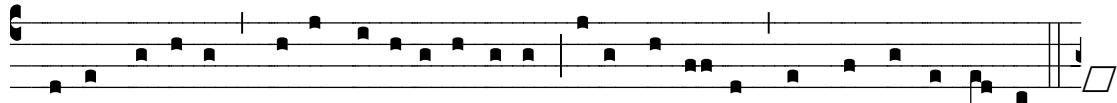
Hail, * Queen of hea- ven, mother of mer- cies. Hail, our life, our comfort, and our hope.
 To you we cry out, ex- iled children of Eve. To you we breathe a prayer, in sorrow and lament
 through this val- ley of tears. Come, then, our advo-cate, turn your eyes filled with pi- ty
 our way. And when this time of ex- ile is past, show us Je- sus, the bless- ed fruit



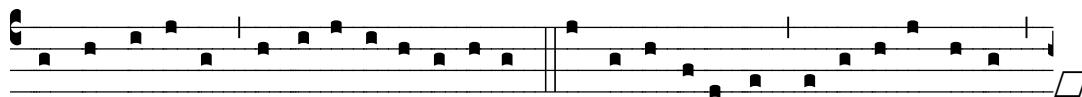
of your womb: O gen-tle, O lov-ing, O kind * virgin Ma-ry.

Or, in the simple tone:

V *Salve, Regina* (AM-I 477)



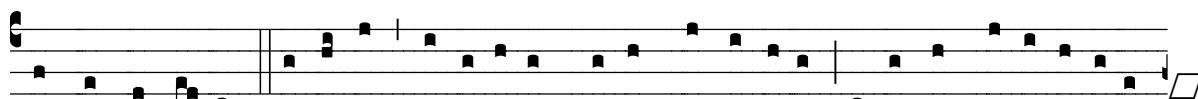
Salve, Re-gi-na, * ma-ter mi-se-ri-cordi- ae; vi-ta, dulce- do et spes nostra, sal-ve.



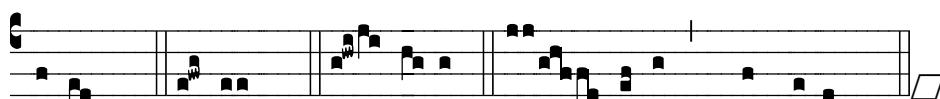
Ad te clamamus, exsu-les fi- li- i Eva-e. Ad te suspi-ramus, gementes et flentes



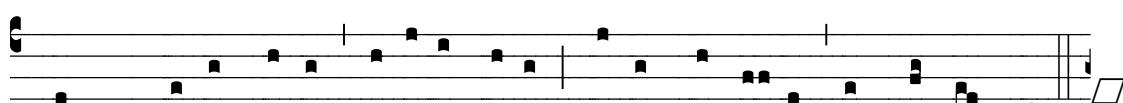
in hac lacrima-rum valle. E-ia ergo, advo-ca-ta nostra, illos tu-os mi-se-ri-cordes ocu-los



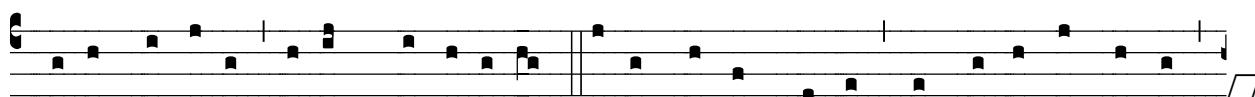
ad nos conver-te. Et Ie-sum, be-ne-dictum fructum ventris tu- i, no-bis post hoc exsi- li- um



ostende. O cle-mens, O pi- a, O dulcis Virgo Ma-ri- a.



Hail, * Queen of hea-ven, mother of mercies. Our life, our comfort, and our hope, hail.



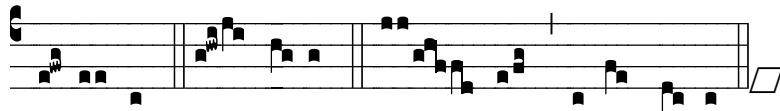
To you we cry out, ex-iled children of Eve. To you we breathe a prayer, our sor-row and la-ment



in this val-ley of tears. Come, then, our advo-cate, turn your eyes filled with pi-ty our way.



And when this time of ex-ile is past, show us Je-sus, the blessed fruit of your womb:



O gen-tle, O lov-ing, O kind virgin Ma- ry.

Or, according to Cistercian tradition:

I *Salve Regina* (AM-I 478)



Sal- ve, * Re- gi- na, ma-ter mi-se-ri-cordi- ae; vi- ta, dul-ce- do et spes



nostra, sal- ve. Ad te clama- mus, exsu-les fi- li- i E-vae. Ad te suspi- ra- mus,



gementes etflen- tes in hac lacryma-rum val-le. E- ia ergo, advo- ca- ta nostra,



illos tu- os mi-se-ri- cor- des ocu-los ad nos conver- te. Et Ie- sum, be-ne-dic- tum



fructum ventris tu- i, no- bis post hoc exsi- li- um os- tende. O cle- mens,



O pi- a, O dulcis Virgo Ma- ri- a.

Hail, * Queen of hea- ven, mother of mer- cies. Our life, our com- fort, and our hope,

hail. To you we cry out, ex- iled children of Eve. To you we breathe a prayer,

our sorrow and la- ment in this val-ley of tears. Come, then, our ad- vo-cate,

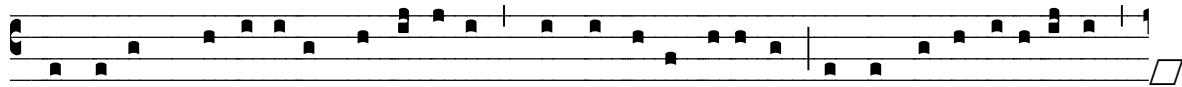
turn your eyes filled with pi-ty our way. And when this time of ex-ile is past,

show us Je- sus, the bless-ed fruit of your womb: O gen- tle,

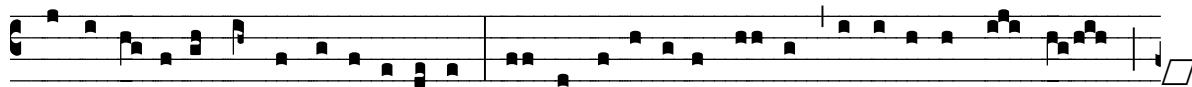
O lov- ing, O kindly virgin Ma- ry.

AFTER I VESPERS OF A SOLEMNITY, OUTSIDE OF PASCHA

VII *Sub tuum praesidium* (AM-I 479)



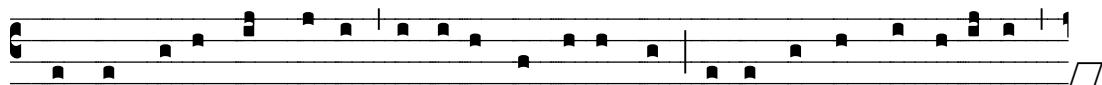
Sub tu- um pree-si- di- um confu-gimus, * sancta De- i Gene-trix; nostraras depre-ca-ti- o-nes



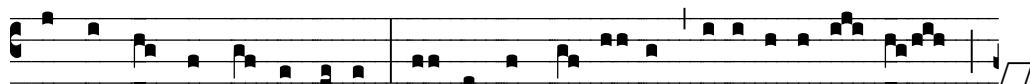
ne despi- ci- as in ne-cessi- ta-ti-bus, sed a per-i-cu-lis cunctis li-be-ra nos sem-per,



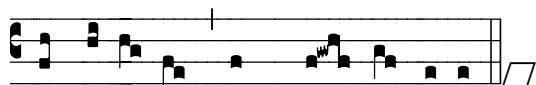
Virgo glo-ri- o- sa et be- ne- dicta.



To your pro-tec-tion we fly, * O ho-ly Mo-ther of God; do not de-spise our pe-ti-tions



to ward off our ne- ces-si-ties, but from every danger de-li-ver us al-ways,



O glo-ri- ous and bless- ed Virgin.

After II Vespers of the solemnity of the Assumption B.V.M. and in the memorial of B.V.M. Queen, antiphon Ave, Regina caelorum, see above.