

3. Spirituality and Spiritual Practices

Demonstrates commitment to spiritual growth and practice through use of tools such as

- regular meetings with a spiritual director
- having a rule of life

Open to deepening one's own spiritual practice

Able to discern and participate in God's activity in concrete situations, both personally and in community

Understands the development of and impact that images of and concepts of God have on one's faith perspective

Able to utilize different prayer traditions and methods to help deepen and enrich one's own spiritual journeys as well as those of members of the faith community

Able to articulate knowledge of traditions and methods of Christian Prayer

Able to articulate an overview and perspective of noted Christian traditions of spirituality

Demonstration of Competence in Spirituality and Spiritual Practices

- Maintaining a prayer journal throughout the course
- Design of a prayer centered discipline that is to enhance the deacon-in-training's personal prayer and spiritual life
- Designing a Spiritual Retreat for a faith community
- Compose a bibliography of books and articles on noted and varied spiritual practices as well as those on the development of Christian Prayer.
- Design an artistic display that speaks to the deacon-in-training's understanding and perspective of images of God and their own faith journey.

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